

**Can:Do  
4Kids**



# Social Buddies



## School Holiday Session

These sessions are designed to provide social experiences for children and young people, whilst engaging in fun and interactive activities. Run by experienced therapists, participants will have a chance to try different activities without committing to a longer block of therapy. New and existing clients welcome, come and try our state-of-the-art therapy centre.

*It's a can do future*

The Social Buddies program is designed to provide social opportunities and community participation for young people with Autism Spectrum Disorder. This full day program will provide multiple opportunities for participants to build and establish friendships within the group.

## Social Buddies



Age group  
**9-13 years old**

**School Holiday Session**

### Location

**Can:Do 4Kids, Noarlunga. Located at Colonnades Shopping Centre, best parking is the Coles carpark entry off Burgess Drive.**

**Age 9 - 13, Wednesday, 29th September, 2021, 9:30am - 3:00pm**

### Goals of the group:

- Provide an age-appropriate and engaging environment that encourages participants to develop their social, co-operative and communication skills.
- Provide support for participants to develop skills including the ability to:
  - Initiate and maintain interactions with peers
  - Navigate turn taking and team work in structured and unstructured activities
  - Engage in conversations with peers around shared interests
  - Manage differing opinions during team based activities
- Practise community and independent living skills by going to the shops, preparing and cooking lunch with their peers

### About the Social Buddies session

Participants will have the opportunity to engage in a range of activities throughout the day and practise navigating social situations in unstructured and structured settings.

Activities include:

- Use of our state-of-the-art interactive Valo climbing wall and movement zone
- Scavenger hunt
- Shopping for ingredients, cooking (and eating) a homemade pizza
- Art/craft
- Digital gaming such as Mario Kart or Minecraft

### What to bring:

Please bring a drink bottle, and a snack if you think your child will get hungry.

### Parents/caregivers

Participants attend the sessions independently from their parents/caregivers. Safe participation will require that your child has the ability to communicate in and understand sentences, ask for help and stay with the group when going off-site.

If there are sensory needs/considerations to support your child please inform the Can:Do team prior to the group.

### Funding

This program can be funded through your NDIS plan or as a fee for service charge.

### Staff

This program has been designed with input from a Speech Pathologist. The group will be facilitated by Allied Health Therapists with support from a Youth Workers, and/or Allied Health Therapy Assistants.

*It's a can do future*

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